



**COLCHESTER
REGIONAL
EMO**

Emergency Kits



72 Hours

Nova Scotians are encouraged to be ready to cope on their own for at least the first 72 hours of an emergency

April 2021

For the House

Water - At least two litres per person per day. Use small bottles for easy transport.

Food that won't spoil such as canned or dry foods.

Manual can opener.

Wind up or battery-powered radio.

Battery powered flashlight (and extra batteries).

Cash (small bills) and change.

Extra keys for house and car.

Emergency plan and contact information for family members.

Phone charger.

First Aid Kit.

Medications, important documents, infant formula, special items for family members with disabilities or special needs, and other items needed for personalization.

For the Car

Local map.

Extra clothing and footwear appropriate for the season.

Cash (small bills) and change.

Blankets.

Small collapsible shovel.

Booster cables.

First aid kit.

Traction materials like sand or kitty litter.

Tow rope.

Fire extinguisher.

Flashlight and batteries.

Small tool kit.

Reflective roadside triangle.

For Pets

Pet food.

Any medications your pets may regularly need.

Extra leashes.

Waste disposal bags.

Pet first aid kit.

Collapsible water and food dishes for space saving transport.

Have a pet carrier ready to go for transport of smaller animals.

Water.

Extra litter and a pan in case of cats and other small animals.

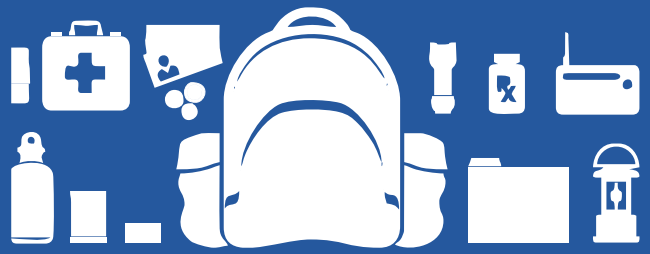
Veterinary contact information and a copy of your vet records.

Photos of your pet (in case you become separated).

Blankets and familiar toys.

Note: Ensure your pet has a properly fitting collar with all identification.

Emergency Numbers Quick Guide



COLCHESTER REGION - Emergency Management Organization

Emergency Numbers

911 - This is for emergencies only. If someone's health, safety and property is threatened and help is needed right away, Call 911.

Emergencies include:

- Fire
- Serious accident
- Crime in progress
- Emergency medical situation
- Poisoning

811 - For health information and advice when you have a health concern or question.

511 - For information about Provincial roads in Nova Scotia.

211 - For community and social services.

For more information, visit:
novascotia.ca/EMO

My Numbers

Contact Number: _____

Emergency Contact: _____

Emergency Contact Number: _____

Vet Clinic: _____

Vet Clinic Number: _____

Other Important Numbers

Power Outage

1-877-428-6004

Bell Aliant Outage

1-800-663-2600

Eastlink Outage

1-888-345-1111

Drinking Water Safety

1-877-252-8476

Food Safety

1-877-252-3663

Environmental Emergencies (such as oil spill/ gas leaks)

1-800-565-1633

Emergency Management Office (Nova Scotia Office)

1-866-424-5620

24-Hour Numbers

Municipality of the County of Colchester

902-897-3160

Town of Truro

902-895-5351

Town of Stewiacke

902-897-7823