



Cobequid TRAIL RUN

Male Course Record Holders

5 km

Year	Name	Hometown	Atlantic Chip Time
2016	Jake Wing	Halifax, NS	15:26

10km

Year	Name	Hometown	Atlantic Chip Time
2016	Brendan Gemmell	Winnipeg, MB	32:48

Half Marathon

Year	Name	Hometown	Atlantic Chip Time
2024	Alex Neuffer	Halifax, NS	1:07:45

Female Course Record Holders

5 km

Year	Name	Hometown	Atlantic Chip Time
2019	Paula James	Windsor, NS	18:36

10km

Year	Name	Hometown	Atlantic Chip Time
2022	Colleen Wilson	Deep Cove, NS	36:19

Half Marathon

Year	Name	Hometown	Atlantic Chip Time
2015	Erin MacLean	Halifax, NS	1:20:23

If you are interested in registering for the Cobequid Trail Run please contact Colchester Recreation at 902-897-3185 or visit our website www.colchester.ca

