



SENIOR FITNESS PROGRAM

COVID-19

OPERATING PROCEDURES

- ✓ Patrons must check in at welcome desk and are asked if they are experiencing any symptoms that we have on our health screening questionnaire.
(Required signature upon arrival)
- ✓ A mask must be worn coming into the facility and leaving the facility.
It's not mandatory while taking the class.
- ✓ We have 6 foot distancing markers on the floor
- ✓ Participants must bring their own yoga mat. Other equipment is not to be shared and must be disinfected before and after use.
- ✓ Fitness instructor will sanitize equipment after each class
- ✓ We ask participants to show up 15 minutes early and follow social distancing markers in place to ensure there is no "socializing" in the main entrance.

