



Colchester MultiSport Active Start 2023 / 2024 Schedule

Sport: Wings Academy and Rec. Nights

Location: Truro NSCC Gym **Time:** As listed below

Leadership: Wings Academy & Colchester MultiSport Recreation Staff

Dates:	Sport	Time
• Sunday, September 24 th	Wings Academy	11:30 – 12:30 PM
• Tuesday, September 26 th	Rec Night!	5:00 – 6:00 PM
• Sunday, October 1 st	Wings Academy	11:30 – 12:30 PM
• Tuesday, October 3 rd	Rec Night!	5:00 – 6:00 PM
• Tuesday, October 10 th	Rec Night!	5:00 – 6:00 PM
• Sunday, October 15 th	Rec Night!	11:30 – 12:30 PM

Sport: Basketball

Location: Truro NSCC Gym **Time:** As listed below

Community Sport Organization: Colchester Basketball Association

Dates:	Time:
• Tuesday, October 17 th	5:00 – 6:00 PM
• Sunday, October 22 nd	10:00 – 11:00 AM
• Tuesday, October 24 th	5:00 – 6:00 PM
• Sunday, October 29 th	10:00 – 11:00 AM

Sport: Run, Jump, Throw

Location: Cougar Dome **Time:** As listed below

Community Sport Organization: Truro Lions Athletics

Dates:	Time:
• Sunday, November 12 th	2:00 – 3:00 PM
• Tuesday, November 14 th	6:00 – 7:00 PM
• Sunday, November 19 th	2:00 – 3:00 PM
• Tuesday, November 21 st	6:00 – 7:00 PM

Sport: Cheer

Location: Truro Cheer & Tumble Club **Time:** TBD

Community Sport Organization: Truro Cheer & Tumble Club

Dates:

- Friday, December 1st
 - Friday, December 8th
 - Friday, December 15th
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Sport: Climbing

Location: RECC **Time:** *Group A 5:00 – 5:50 PM Group B 6:00 – 6:50 PM

Community Sport Organization: RECC Climbing Staff

*To be sure each Multisport Athletes has the opportunity to have a positive experience during Climbing 2 groups will be created. Families will have the opportunity prior to the start of the Climbing sessions to select which Group they would prefer. *

Dates:

- Sunday, January 14th
 - Wednesday, January 17th
 - Sunday, January 21st
 - Wednesday, January 24th
 - Sunday, January 28th
 - Wednesday, January 31st
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Sport: Swimming

Location: Scotia Pool **Time:** As listed below

Community Sport Organization: Scotia Pool Swim Instructors

Dates:

Time:

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| • Sunday, February 4 th | 5:00 – 6:00 PM |
| • Tuesday, February 6 th | 5:30 – 6:30 PM |
| • Sunday, February 11 th | 5:00 – 6:00 PM |
| • Tuesday, February 13 th | 5:30 – 6:30 PM |
| • Tuesday, February 20 th | 5:30 – 6:30 PM |
| • Sunday, February 25 th | 5:00 – 6:00 PM |

Sport: Baseball

Location: Cougar Dome **Time:** 6:00 – 7:00 PM

Community Sport Organization: Jays Care Rookie League

Dates:

- Tuesday, March 5th
 - Wednesday, March 6th
 - Tuesday, March 19th
 - Wednesday, March 20th
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Sport: Football

Location: Cougar Dome **Time:** 6:00 – 7:00 PM

Community Sport Organization: Truro Minor Football

Dates:

- Tuesday, March 26th
 - Thursday, March 28th
 - Tuesday, April 2nd
 - Thursday, April 4th
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Sport: Soccer

Location: Cougar Dome **Time:** 6:00 – 7:00 PM

Community Sport Organization: CC Riders

Dates:

- Tuesday, April 16th
 - Thursday, April 18th
 - Tuesday, April 23rd
 - Thursday, April 25th
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Sport: Rugby

Location: Rugby Club Vimy Rd. **Time:** 6:00 – 7:00 PM

Community Sport Organization: Truro SaintsRC

Dates:

- Wednesday, May 1st
- Monday, May 6th
- Wednesday, May 8th
- Monday, May 13th